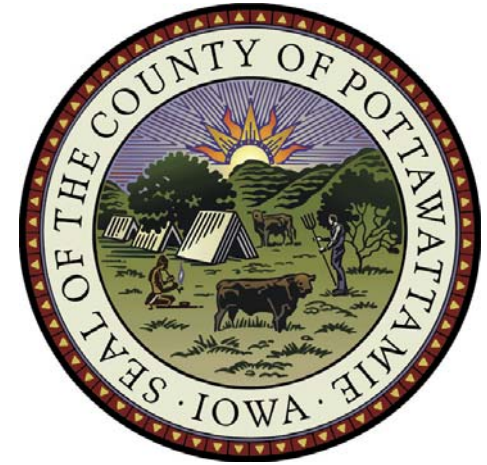


# Targeted Medicaid Case Management



Pottawattamie County  
Community Services

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*Supporting...People, choices, strengths*

## What is Targeted Medicaid Case Management?

Targeted Medicaid Case Management is an ongoing, individualized service that is voluntary and consumer driven. The Case Manager is responsible for assessing, coordinating and monitoring services provided to chronically mentally ill, developmentally disabled, mentally retarded, or severe emotional disturbance Medicaid consumers.

## Who is eligible for Targeted Medicaid Case Management?

To be eligible for Targeted Medicaid Case Management, a person must:

- be receiving Medicaid or be Medicaid eligible.
- be 18 or over and have a primary diagnosis of Mental Retardation, Chronic Mental Illness, or Developmental Disability.
- or be under 18 and receiving HCBS-ID Waiver services, Habilitation Services or Child Mental Health Waiver services.

And the following requirements must be met:

- Continue to meet eligibility criteria for both Medicaid status and disability.
- Continue to have a need for service referral, coordination and monitoring of more than one service.
- Participate in the development of an Individual Comprehensive Plan and its implementation.

## How do I access this service?

For an adult to access this service, please contact the Community Services intake number at (712) 328-5812.

For a child eligible for HCBS–ID Waiver services, please contact the Pottawattamie County Department of Human Services at (712) 328-5661.

For a child eligible for HCBS–Child Mental Health Waiver services, please contact the Pottawattamie County Department of Human Services at (712) 328-5661.

## Disability Definitions

### Chronic Mental Illness

- Over the age of 18
- Functioning is seriously impaired due to persistent mental or emotional disorder;
- Have undergone inpatient psychiatric treatment more than one time.  
OR
- A combination of hospitalization and at least one episode of continuous, structured, supportive residential care other than hospitalization.
- NOTE: Alzheimer’s Disease / substance abuse are not considered chronic mental illness

### Developmental Disability

A person with a severe, chronic disability which:

- attributed to mental or physical impairment or a combination thereof;
- onset is before age 22;
- is likely to continue indefinitely;
- results in substantial functional limitation in three or more of the following areas of major life activity – self-care, receptive and expressive language, learning, mobility, self-direction, capacity for independent living, and economic self-sufficiency.

### Mental Retardation

A person who meets the following three conditions:

- an IQ of approximately 70 or below;
- concurrent deficit or impairment in present adaptive functioning in at least two of the following areas – communication, self-care, social and interpersonal skills, home living, use of community resources, self-direction, functional academic skills, work leisure, health or safety; and
- onset is before age of 18.

### Severe Emotional Disturbance

- Be a resident of Iowa
- Be 0 to 18 years of age.
- Have a diagnosis of serious emotional disturbance as verified by a Psychiatrist, Psychologist or mental health professional within the past 12 months.