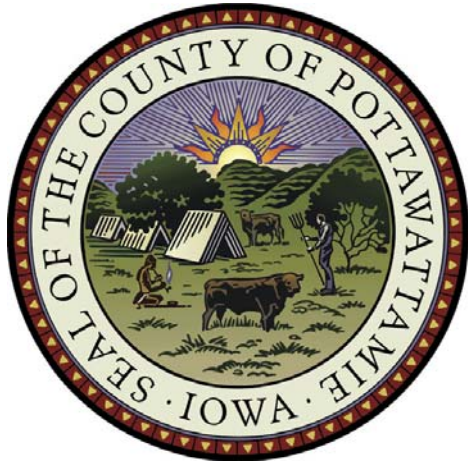


# Children's Mental Health Services



## Pottawattamie County Community Services

Case Management  
515 5<sup>th</sup> Avenue  
Council Bluffs, IA 51503

Phone: (712) 328-5645  
Fax: (712) 328-5668  
TDD: (712) 328-5890

*Supporting...People, choices, strengths*

### Provider contact information:

<b>ADT Security</b> 6200 Thornton Ave, #140 Des Moines, IA 50321 (515) 558-0294	<b>Answers, LLC</b> 772 1 <sup>st</sup> St Magnolia, IA 51550 (402) 452-7912
<b>Caretech, Inc.</b> 1520 Avenue M Council Bluffs, IA 51501 (402) 697-5121	<b>Choices Counseling and Consulting, Inc.</b> 532 1 <sup>st</sup> Avenue, Ste #50 Council Bluffs, IA 51503 (712) 328-3700
<b>Embrace</b> 6 N. Hazel Street Glenwood, IA 51534 (712) 527-0836	<b>Family Connections</b> 500 Willow Ave, #311 Council Bluffs, IA 51503 (712) 256-4420
<b>Family First of Western IA</b> 2999 Wichita Avenue Persia, IA 51563 (712) 488-2005	<b>Fam. Touch Hme Hlth Care</b> 204 Maple St, PO Box 423 Shenandoah, IA 51601 (712) 246-2454

<b>Healthy Homes Family Services</b> 404 S. 19 <sup>th</sup> St Omaha, NE 68107 (402) 614-9845	<b>Iowa Focus</b> 601 Willow Avenue Council Bluffs, IA 51503 (712) 323-4024
<b>ITPS</b> 136 S. 7 <sup>th</sup> Street Council Bluffs, IA 51501 (712) 325-1136	<b>Lutheran Services in Iowa</b> 310 W. Kanesville Blvd, #3 Council Bluffs, IA 51503 (712) 323-1558
<b>Recover Health</b> 300 W. Broadway, Ste 37 Council Bluffs, IA 51503 (712) 325-8989	<b>Rural Family Therapy Services</b> PO Box 361 Afton, IA 50830 (641) 347-5060
<b>Specialized Support Services</b> 50 Northcrest Drive Council Bluffs, IA 51503 (712) 323-9824	<b>Therapy Works</b> 500 Willow Ave, #201 Council Bluffs, IA 51503 (712) 323-2747
<b>Transitional Services of IA</b> 427 E. Kanesville Blvd, #405 Council Bluffs, IA 51503 (712) 323-1660	

The list of agency providers in this brochure should not be considered all-inclusive. There may be other providers that are not listed.

For children's services in Pottawattamie County, please call the Department of Human Services at (712) 328-5661

Revised August, 2009

## Children's Mental Health Waiver Services

For Children's Mental Health Waiver services, please contact the Department of Human Services at (712) 328-5661.

### Environmental Modifications and Adaptive Supports

Items installed for the child's home that respond to specific documented health and safety concerns.

ADT Security  
Family Touch Home Health Care  
Iowa Focus  
Rural Family Therapy Services

### In-Home Family Therapy

In-Home Family Therapy is a support that is provided to the individual and their family that will increase their ability to cope with the effects of serious emotional disturbance on the family unit and the family relationship. The support will enable the individual to continue living within the family environment.

Answers, LLC.  
Choices Counseling  
Family First of Western Iowa  
Healthy Homes  
Iowa Focus  
Lutheran Services in Iowa  
Rural Family Therapy  
Transitional Services of Iowa

### Family and Community Supports

Services that support the individual and the individual's family by the development and implementation of strategies and interventions that will result in the reduction of stress, or fragmented family/caregiver relationships and will increase the individual's and family's social and emotional strength.

Answers, LLC  
Choices Counseling  
Healthy Homes  
Iowa Focus  
Lutheran Services in Iowa  
Rural Family Therapy  
Transitional Services of Iowa

### Respite

Services provided to individuals unable to care for themselves; furnished on a short-term basis because of the absence or need for relief of those persons normally providing the care.

Caretech, Inc.  
Embrace  
Family Touch Home Health Care  
Iowa Focus  
Lutheran Services in Iowa  
Recover Health  
Rural Family Therapy  
Specialized Support Services

## Other Support Services

Must be Medicaid eligible.

### Home Based Habilitation

Home based habilitation services are individualized services and supports that assist with the acquisition, retention or improvement of skills related to living in the community.

ITPS  
Lutheran Services in Iowa

### Remedial

Remedial services are provided to children and their families to restore the child's mental health function to the level of other children of that age and ability. Services are designed to restore mental health functioning that the child lost or never achieved because of interference in the normal maturational and learning process due to individual or parental dysfunction.

Answers, LLC.  
Choices Counseling  
Family Connections  
Healthy Homes  
ITPS  
Rural Family Therapy  
Therapy Works  
Transitional Services of Iowa