

APRIL 7, 2016

WELLNESS COMMITTEE MEETING

PRESENT: Mary Davis, Merry Foyt, Mike Williams, Patty HOLETON, Scott Belt, Mark Shoemaker, Jamie Smothers, Bill Kealy, Karen Foreman, Jeanne Pfeifer,

Stephanie Cox, Katie Pattee, Suzanne Tanner, Mark Sorensen, Victoria Larsen, Brady DeYeager

BUSINESS MEETING:

Chair Patty HOLETON brought the meeting to order at 1:30 P.M. on the above date. The minutes of the March 3, 2016 meeting were approved.

MARY DAVIS:

Reviewed the employees who are eligible, declined, family, or single, in the Wellness Program. Brittany from Lockton will have a new report for Mary next week.

PATTY HOLETON:

Patty questioned whether the committee was going to allow non-members to participate in our activities? Merry Foyt stated she would want them to and that we should encourage all to eventually participate. New employees have 30 days to decide on Wellness participation.

BY-LAWS:

Merry questioned if ad-hoc members should be included. For instance: Mary Davis, Mike Williams, and Merry Foyt. The decision was "Not to be Included".

The By-Laws will be corrected in Article II

After much discussion with Scott, Mike, Patty, and Jamie, it was decided that the By-Laws Committee would amend Article VI to include the number of meeting attendees to make a quorum for voting purposes.

WEB SITE:

Jamie Petersen was unable to attend this meeting, so the questions raised will be answered next meeting. Mike Williams asked if our County Attorney should give the OK to our web site?? Answer: Ours is not a public web site. Ours goes through our county Intra-net, so no permission is necessary.

Scott suggests the committee look up "Sarpy Strong" or check into Google for ideas on Wellness data.

WELLNESS LOGO:

The discussion was held on a kids contest versus professional art work. Mike believes the committee should offer \$100.00 for the prize, no matter what venue is chosen. Mary Davis states she believes the contest should be individual entries, no entry by department. It was pointed out that it would be very hard to share a prize by department. Mike said that Sarpy County gave Tee shirts with the logo on them for participants in a "walk". Suzanne offered to look into her husband's printing company and see how much printed tee shirts would cost. Perhaps they could offer us a discount. Scott stated he feels any county employee, their spouse, or their dependent should be eligible for the contest. Mary will get a copy of the announcement that Sarpy County used to notify their employees of the contest. Patty will make a draft and send out in regards to a logo.

SUB-COMMITTEES:

Most committees have not had a chance to meet at this time. Mike and Scott suggested that committees converse over the internet and exchange ideas for incorporation. Patty asked each sub-committee to make it their goal to meet before the next Wellness Committee meeting, and have a report for the group. Scott brought up the title "Mental Health" versus the title "Whole Health" for the health committee. Merry offered that perhaps "Well Being" would be an acceptable title. The Committee agreed on Merry's suggestion.

Merry brought several copies of "Wellness" material for distribution. Merry will be in Pottawattamie County April 10th for Health Coaching.

ADJOURNMENT:

There being no further business, Chair Patty HOLETON brought the meeting to a close at 2:30 P.M.

Respectfully Submitted:

Marilyn Jo Drake

Secretary